RUSLAN MIKHAILOV

-STUNT PERFORMER-

Location: Dublin; Belfast | Website: www.meltd.net | Email: Ruslan@meltd.net | Mobile: +44 7831 767 252

QUALIFICATIONS:

WUSHU: 1st Dan;

TAEKWONDO: Blue belt;

GYMNASTICS: Instructor and coach; **PARKOUR**: Instructor and coach; **FREERUNNING**: Instructor and coach;

DRIVING LICENSE: B;

SKILLS/EXPERIENCE:

MARTIAL ARTS: Wushu (tournaments &

judge),

Taekwondo (tournament level), Kick-Boxing (tournament level), Pankrateon (tournament level);

GYMNASTICS: very skilled (competition

level);

TRAMPOLINING: very skilled (competition

level);

FALLS: high falls into water / airbag; **BATTLE**: staff, spear, straight sword,

broadsword, unarmed;

ACTION: jerk-back, air ram, deadman,

aerial acrobatics, falls/slips.

Height:

183cm (6')

Weight:

12st. 5lb. (79kg)

Chest:

107cm (78")

Waist:

82cm (32")

Hips:

110cm (43.3")

Inside Leg:

87cm (34")

Inside Arm:

50cm (19.7")

Collar:

42cm (16.5")

Hat Size:

59cm (23.2")

Shoe Size:

EUR 42 (UK 9)

Eye Colour:

Blue

Hair Colour:

Light brown



SHOW PARTICIPANT, INCLUDING

Urban SET: Art of Pillow F Ultimate Jump T Magic Dance Riga T

Freerunner Tricker Tricker AZ Production Electrum Brali Royal Events Alexandr Zhurkov Mark Stychkin Nataly Ergle

TRAINING

2008 - now	Gymnastics and trampolining, various gyms including Latvian National Olympic Centre
2008 - now	Freerunning, including Latvian National Olympic Centre
2013 - 2017	Wushu, European Wushu Federation, Riga
1999 - 2008	Taekwondo, Riga Martial Arts school